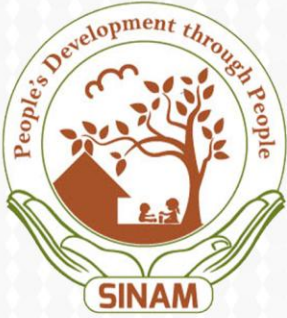


Sadayanodai Ilaingar Narpani Mandram (SINAM)

International Accreditation (United Nation Environment Programme-UNEP)

SINAM NGO with 12AA, FCRA, CSR, 80G



2022-23



Annual REPORT 2023



Gate Way to the year 2022-2023



The year 2022-23 is a year of many challenges at the macro and micro level which includes population explosion, poverty, unemployment, and violence against children and women. SINAM NGO has entered into the 38th year of memorable services to the poor and needy people. SINAM NGO was formally registered and started its services on May 16, 1986 in Sadayanodai Village. SINAM NGO is a fully qualified, equipped NGO, functionally and legally an active NGO with its transparency in operation and accountability of services. SINAM has obtained 12AA, 80G, TAN, PAN, NGO Darpan Registration, FCRA renewal and CSR registration. SINAM NGO has gone through the different stages of grass root level NGO to medium size NGO with the contribution of International Donors, National Donors, Government Grants, Local Sponsors / Donors and Community Contribution.

The bird's eye view is given to each activities carried out during the financial year 2022 April – 2023 March. It is possible to achieve the results with the full participation of various stake holders including government partners, international / national partners, NGO partners, community partners, board members, media group, staff, volunteers and the different resource personnel participated in the diversified activities.

On behalf of SINAM Governing Body, Management, staff and volunteers, I thank each and every one who have Contributed directly and indirectly during the year 2022-2023 from the depth of my heart.



Rama Perumal,

Secretary / Director of SINAM

Protection and promotion of environment and eco-system of Tiruvannamalai.

This project was implemented in 10 villages in Tiruvannamalai District. In each selected village, a separate forest protection committee was formed. Totally, there were 138 members in all 10 forest protection committees. Each forest protection committee consists of elected representative of PRI, women self help group members, youth club members, local farmers and nature conservation volunteers (Environmentalists). Capacity development training was given to forest protection committee members.



The project components included the following.

Awareness campaign was organized in 10 villages, covering the information dissemination on developing tree plantation, protection and development of Bio-diversity, causes of global warming and climate change, need for nature conservation, bio-diversity and environment security.

Nursery was developed at SINAM Development centre campus with the help of self-help group members and local volunteers.

Identified and selected sites for planting 1500 saplings in each village. The area for tree plantation covered individual land sites, water bodies, panchayat lands, village common lands, temple lands, village forest lands, village road side, Government extrovert lands, hill station land and agro forest land.

Sapling was distributed on 13.02.2023 in the presence of Government ICDS officials.

15000 (1500 x 10 villages) saplings were distributed to the community. 10000 leaflets / hand outs was prepared, printed and circulated on bio- diversity, conservation of nature and environment security.

The trained volunteers were actively involved in each village. Around 500 volunteers were involved in planting 15000 saplings in all 10 villages (50 volunteers x 30 saplings x 10 villages = 15000)

This project had a following impact

Village volunteers and forest protection committee members were trained.

Inventory was made with the long list of native endangered trees.

Planted trees for bio-diversity and nature conservation.

Promotion of safe environment and environment security.

Thanks to the grant issued by Sweet Grass Foundation, Georgia, U.S.A.



Programs for widows living with HIV/AIDS.



HIV / AIDS is a challenging sexually transmitted disease mostly affected to the marginalized groups/migrants . The increased number of HIV / AIDS in Tiruvannamalai district is directly associated with the heavy seasonal migration of people from different States and Countries. The cross cultural migration in the context of Girivalam, Deepam and pilgrimage to the famous Shiva temple in Tiruvannamalai may be the root cause for increased HIV/AIDS infection. In this connection, an awareness intervention programme was held at Government primary health centre, Tiruvannamalai on 21.04.2022. Totally 65 target people participated in the programme. The following people were the resource personnel of the day

1. Mr. Rama Perumal, Director, SINAM
2. Ms. Jestin Vidya, Project Manager Target Intervention
3. Mr. Kulandai Jesuraja, Counsellor,
4. Dr.Karpagam Medical Officer, Government Hospital. Tiruvannamalai

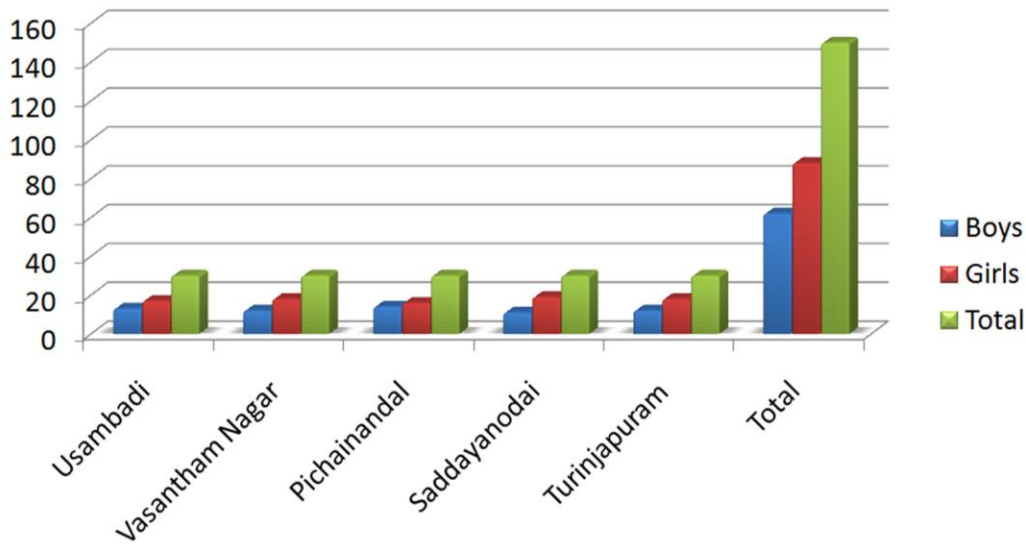
Welfare benefits distributor to the poor and marginalized widows living with HIV / AIDS.

50 Most deserving widows infected with HIV / AIDS were selected and distributed Rs.1000 worth of welfare benefits on Dec.1, 2022, on International AIDS day. The welfare benefits include the following items. Rice 10 kgs, Dhal ½ kg. Wheat 1 kg, cooking oil 1 kg, Chili powder 100 gram, pepper 100 gms. Turmeric 100 grams and one saree. We wish to thank Ms. Barbara Coaro, Studio progetto Soc. Coop. Sociales, Italy for her generous support to the vulnerable widows.



Evening Supplementary Education programme for the children of children garden

The supplementary education programme in the following 5 villages continued this year also (13th year)



Sl No	Name of Village	Number of Children		
		Boys	Girls	Total
1	Usambadi	13	17	30
2	Vasantham Nagar	12	18	30
3	Pichainandal	14	16	30
4	Saddayanodai	11	19	30
5	Turinjurapuram	12	18	30

Totally, 150 dalit poor children are benefited out of this evening supplementary education programme. Every day, two hours in the evening was spent by the qualified teachers to supplement the school education subjects towards the improvement in cognitive domain (knowledge), affective domain (attitude) and psycho motor domain (skill) covering over all subjects like language (Tamil & English), Mathematics, Science, History and Civics. The children with this additional input in the evening supplementary education centre were able to score more marks in the subjects and they gained confidence in their studies. There were no school drop outs, no child marriage and no child labour in all selected 5 villages where the project intervened. The children garden 13th year celebration was held with the distribution of education materials on 05.03.2022. The following guests of honours participated in the event.

Chief Guest Dr. E.V.Kamban, Managing Director, Arunai Medical College and Hospital, Tiruvannamalai.

Guests Mr. Karthick Velmaran, Councilor of Tiruvannamalai Municipality.

Mr.K.Ravi, Ex. Councilor of Tiruvannamalai Municipality,

Mr. Priya.Vijayarankan, Ex. Councilor of Tiruvannamalai Municipality,

Dr. T.Thasian, Social Scientist and Development Consultant, Vellore.





Through children garden, 150 Dalit children received the following program input from SINAM.

- Evening Supplementary Education
- Child Rights Education
- Livelihood development for the children's mothers through self help groups
- Children parliament
- Summer special coaching for children
- Health education
- Life skill training
- Distribution of educational materials (note books, stationeries, school bag, T-shirts etc.)
- Psycho somatic counseling
- Relief support to the children's families.

Children garden programme has been supported by Ms. Evelien De Hoop from Netherlands.



Construction of Sanitary Toilets for Irular Tribal Community.



Construction of sanitary toilet project was implemented for the Irular Tribal community (primitive Non-hills tribe) at Kilvanakkampadi Irular colony of Thandrapmet Block in Tiruvannamalai District. The following are the project activities carried out by the end of March 2023. The project will be completed in September 2023.

65 beneficiaries are identified and selected

Project orientation training was given and prepared for their participation in the project in the form of manual assistance to builders and skilled workers.

Project implementation committee was formed with 10 members including the Director of SINAM, Project co-ordinator, President of Kilvanakkampadi panchayat, President of Irular Community Association and six project beneficiaries.

Project orientation training was given to the project implementation committee.

Boomi pooja (ground breaking ceremony) was conducted Earth work excavation was carried out by the beneficiaries as part of their contribution.

Foundation work was completed to all 65 beneficiaries.

SINAM NGO has carried out the training service, monitoring service, provided supervision, technical control over the construction through the qualified engineer and quality control of the construction of toilets.

The sanitary toilet construction project is supported by SELAVIP, Chile



Family Counselling Programme

Family Counselling Programme funded by Central Social Welfare Board has been in operation in SINAM NGO for the last 15 years. A subcommittee formed with the following members has been providing advisory services and monitoring services to the family counseling programme. The various activities of the following types are implemented and co-ordinated by SINAM NGO.



Sub Committee Members

1. Ms.B. Meenambikai, District Social Welfare Officer (Convenor)
2. Ms.R. Kavitha, Inspector of Police
3. Ms.R. Maheswari, Senior Advocate
4. Ms.M. Gomathi, District Women Protection Officer
5. Dr.I.P. Keerthana, Medical officer
6. Mr. Rama Perumal, Director, SINAM NGO
7. Ms. A. Evangeline Priya, Family Counsellor
8. Mr.D. Ashok kumar, Family Counsellor
9. Ms.S. Tamilselvi, Women Development Co-ordinator.

During the reporting period, 304 women benefited, (New cases) pending cases of the previous year, followed up during this year was 36. The women had the following types of problems.

- Dowry harassment
- Marital Maladjustment with spouse and in laws
- Maladjustment due to personality difference
- Extra marital relationship
- Alcohol / drug addiction
- Economic crisis
- Domestic violence
- Depression
- Mental and physical torture
- Property / legal inheritance problem
- Marital separation etc.



The subcommittee used to meet once in 3 months and established linkages with other Governmental institutions for legal / administrative remedies for the affected women. The programme has been linked with women police stations, courts, legal institutions and revenue departments. 5000 copies of I.E.C. materials were printed and circulated at Bus stand and in other places. Further, it was exposed through digital banner, local TV channels, newspapers etc., public awareness on women issues was generated.

HIV / AIDS Target Intervention Programme

This project has been supported by Tamil Nadu AIDS Control Society (TANSACS), Chennai.



Target intervention is primarily focused on the following category of people.

- a) MSM - 550
- b) FSW - 650
- c) TG - 50

The project team consists of the Project Director, Project Manager, M & E Cum Accounts Officer, Counselor, Outreach Workers and PEER Educators.

District Information Centre (DIC) was developed close to Tiruvannamalai central bus stand. Information was disseminated to all those who visited the centre. The visiting people are the high-risk groups, target groups and those who are interested on the issue including the social activists. Counselling was provided to the sex workers on the safe sex including the use of condom and the use of lubricating substance. Advocacy activities were carried out to protect the human rights and to settle the legal / health issues by utilizing the Government Institutions.

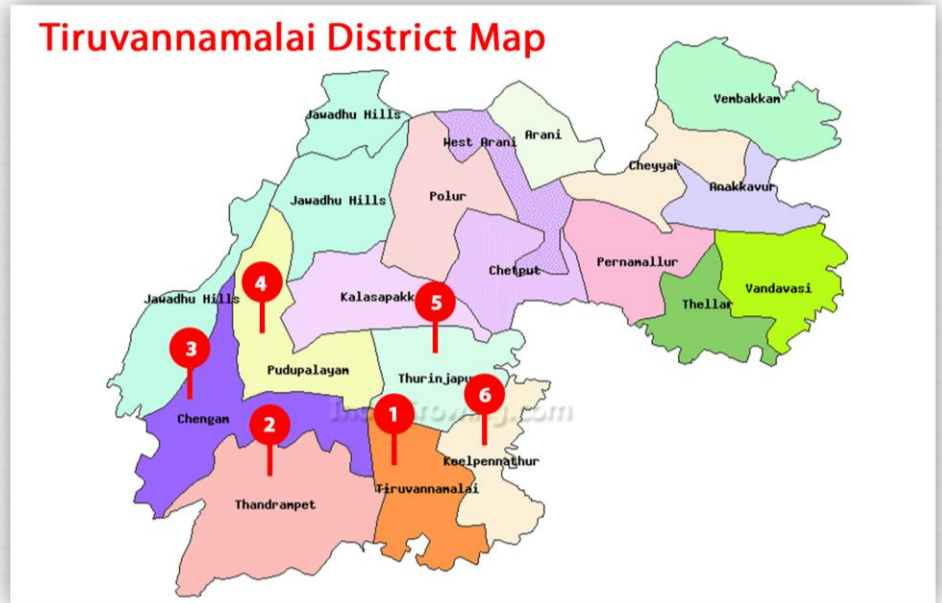


Voluntary testing of HIV/AIDS, counseling and follow up services were carried out and integrated them with government health care services. Community awareness programmes were organized in different strategic places for the prevention and control of HIV / AIDS. Among the target beneficiaries 18 persons were selected and trained them on PEER Education. They disseminate the information about the causes and consequences of HIV/AIDS, preventive methods of HIV infection, voluntary testing / counseling, treatment procedures and possible rehabilitative measures, community based screening was also carried out.

The target group can easily walk into the office situated close to the bus stand and obtain the need based services from the project office.

The target intervention programme covered the following six blocks in Tiruvannamalai District.

1. Tiruvannamalai
2. Thandrampattu
3. Chengam
4. Pudupalayam
5. Thuringapuram
6. Kilpennathur.



The project has been facilitating and carrying out the following services.

- Availability of various contraceptives and distribution outlets.
- Voluntary testing for the suspected HIV / victims.
- Facilitation of protected sex
- Information dissemination on sexual diseases caused by unprotected sex
- ABC / Abstinence, being faithful to the partners and condom use for the prevention of HIV / AIDS.
- Elimination of Social stigma and isolation caused by HIV / AIDS for the formation of inclusive society.
- Early diagnosis and treatment
- Facilitation of medical services at Government Hospital
- Need based / community based rehabilitative services.

Due to various services carried out by SINAM, the HIV / AIDS victims are accepted in the society and integrated with other stake holders.



Anganvadi Day and Angavadi Seervarisai Celebration

Anganvadi Day and Angavadi Seervarisai Celebration was jointly organized by SINAM NGO and Tiruvannamalai District ICDS project. This programme was funded by T.N. FORCES.



Anganvadies in Tiruvannamalai District are not having adequate infrastructure like play materials, reading materials, weighing machine, teaching / learning materials, sleeping mats, toilet materials etc. In this context, the above materials were provided by SINAM in 5 Balwadies in Tiruvannamalai Block and Thurinjapuram Block. The details of the Anganvadies are given below:

SI No	Name of Village	Name of Block
1	Melkachirapattu	Tiruvannamalai Block
2	Aradpattu	Tiruvannamalai Block
3	T.Kalleri	Tiruvannamalai Block
4	Inam Kariyandal Deepam Nagar	Thurinjapuram Block
5	Arpakkam	Thurinjapuram Block

The programme was organized between 21.11.2022 to 23.11.2022. The following activities were held in each centre.

Village procession with the participation of panchayat President, Ward members, ICDS officials, NGO functionaries, others and community members around 100 to 150 in each village. In the procession, seervarisai materials were carried by the participants of procession.

BAND Music / Dance.

Prize distribution to ICDS workers and to the winners of different games conducted among the ICDS children.

Distribution of Tea and snacks.





The following guests of honour participants in the community function

1. Mr. Rama Perumal, Director, SINAM
2. Mr. Kanthan, District ICDS Officer
3. Ms. Meenambikai, District Social Welfare Officer
4. Ms. Saranya, District Child Development Officer
5. Mr. Arunkumar, District Co-ordinator, ICDS
6. Panchayat President and Ward Members of the concerned village
7. Centre incharge persons of the respective ICDS (Ms. Kouthami, Ms. Vijayakumari, Mrs. Sivakami, Ms. Premalatha, Ms. Jeyanthi, Ms. Umaseelvi, Ms. Bhavani, Ms. Athilakshmi, Ms. Jayalakshmi, Ms. Akshara, Ms. Ramya, Ms. Shanthi, Ms. Vani, Ms. Sathya)
8. Ms. Gandhimathi, Block Supervisor
9. Ms. Tharani, Block Supervisor
10. Ms. Ratna, Block Supervisor
11. Government School Head Master of the village
12. Panchayat Union President of Tiruvannamalai and Thuringapuram Block.



Income Generation Activities



Income Generation Program Loan was provided by Reshtriya Mahila Kosh (RMK) to 32 women from Tiruvannamalai Block and Thuringapuram Block. This loan was used by the women for starting income generation activities like Idly flour grinding machine, vegetable shop, vendor of milk and milk products, petty shop, saree sale flower shop etc. The women received sizable income for their sustainable livelihood. The women successfully repaid the entire loan amount. 100% loan recovery was achieved

NIRANTHARA Programme

Under NIRANTHARA Programme, staff capacity development and NGO capacity development programme was carried out under NIRANTHARA-2 Programme. The CFM and FRM personnel were trained. Two SINAM Staffs went to Bangalore for the training and all SINAM staff members were trained at SINAM centre. The staff development training was hosted by Dhvani Foundation Bangalore.



Focus Group Discussion among Migrant women / adolescent girls

Focus Group Discussions (FGDs) was conducted in 16 villages, representing 4 Blocks in Tiruvannamalai district viz. Thurinjapuram, Kilpennathur, Thiruvannamalai and Thandrapmet. The villages were selected on random basis. 4 FGDs were conducted on different four categories.



The FGDs Participants details are listed below:

1. Community members, local stakeholders like ASHA Workers, Self Help Group leaders, Youth group leaders and Members of Trade Union.
2. School Teachers and Head Masters.
3. Girls / Young Women discontinued work / returned from Textile Industry / Supply Chain
4. Panchayat representatives like President, Vice president, Councilors and elected Ward Members. In each FGD, 6 to 12 members participated.

In view of the problem analysis carried out in different dimensions, the following are the areas of project interventions in course of time.

- Awareness education to girl children and their parents on the importance of education.
- Educational guidance, vocational guidance and personal guidance and counseling.
- Career guidance.
- Life skill and life coping skill training.
- Legal awareness / education on the rights of women.
- Laws against child labour and child abuse.
- Financial literacy.
- Women entrepreneurial development.
- Skill training for self employment / paid employment (computer, tailoring, Garments units catering technology, handicrafts work training, house wiring, home appliance, electrical, home care management and agricultural allied activities. etc.,)
- Family formation training.
- Laws protecting the rights of women and children.
- Government schemes for sustainable livelihood programmes.
- Livestock development training.

Poverty reduction and livelihood development has been the focus areas of our intervention.



Computer and Tailoring Skill training programme

30 young women including People with Disabilities, young widows, single women and Deserted women participated in 6 months Job oriented skill training in computer and Tailoring. All 30 women received paid employment/self employment and were earning for their sustainable livelihood.



International Women's day programme

SINAM NGO has been organizing international women's day programme every year. During this reporting year, women's day programme was held on 15-03-2023 at SINAM Development centre on the theme "Accelerating equality and empowerment". The equality is not given to women and they are required to face lot of challenges in their empowerment process. In this context, one day training was organized for the women leaders of Tiruvannamalai District 100 women leaders participated in the training.



World Against Child Labour Awareness meeting

The World Against children Labour awareness meeting was held on 21-6-2022 at Government Boys Higher Secondary School Thanipadi. 200 Students participated in the meeting. The child labour meeting was focused on the prevention of child labour, compulsory education, prevention of child marriage. Child labour is an offence, punishable under government act.

- Right to live
- Right to education
- Right to participation
- Right to safety and security
- Right to development
- Right to free from Gender discrimination
- Right to free from racial discrimination.



Quiz was held towards the end of the meeting. The winners were given prizes

Road Safety Awareness Meeting

Road safety awareness meeting was held at Tirumalai Polytechnic College on 08-12-2022. Around 100 college students participated in the Road safety training. During this one-day training, the following topics were covered

- Principles of Road Safety
- Meaning of traffic signs and symbols
- Importance of using helmet, seat belt
- Un use of mobile phone during driving
- Accidents related to drunken driving
- Road safety rules
- First aid during Road accidents and golden time treatment.
- Mandatory documents required for driving
- Penalty and punishments of the violation of road traffic rules.

Quiz competition was held on. The winners were given prizes.

SINAM Memberships at the District Level Government Body during 2022-23

- District Level Child Protection Committee Member –District Child Protection Unit.
- District Level Children and Adolescent Girls Task Force Member- District Child Labour Authority.
- District Level Vigilance and Monitoring Committee Member- District Adi-Dravidar and Schedule Tribes Office.
- District Advisory Board for Dowry Prohibition Act 1961-Member in District Social Welfare Board.
- Managing Committee Member–Tiruvannamalai District Mineral Foundation Trust- District Geology and Mining Department.
- District Level Monitoring Committee for Abolition of Bonded Labour.

SINAM has received many awards in recognition of good services rendered to the marginalized / excluded people. few of them are listed below:

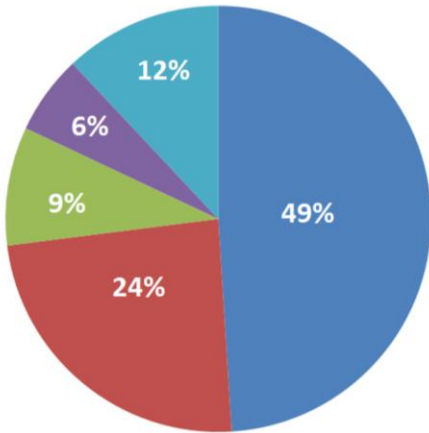
- a) Seva Ratna and Sevai Semmal Award from South India Social and Cultural Academy, Chennai on 22th Sep. 2007.
- b) Best Social Service Award by Diandra University, Italy on 24th May 2008
- c) Best Social Service Voluntary organization award by Tamil Nadu Cinema Kalai Mandram, Chennai on 1st June 2008.
- d) Dr. Muthulakshmi Award for the best Social Service in Tiruvannamalai District for the year 2020.
- e) Silver Award Salutation by the CAP Service Private Limited for the year 2020-2021
- f) Life Time Achiever Award for the outstanding contribution for the depressed communities by the Journal of social justice in 4th June 2023.
- g) Best State level NGO on Child Labour Eradication for the year 2022, by Minister for Labour Welfare and Skill Development, Government of Tamil Nadu on 12-06-2023.

SADAYANODAI ILAIGNAR NARPANI MANDRAM (SINAM)
 Valaragham, Anbu Nagar, Tiruvannamalai, Tamil Nadu, India.
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31.03.2023

Receipts	Rs.	Payment	Rs.
To Opening Balance		Health Program for women, Children and Adolescent Girls.	
Cash on Hand		Nil	
FC A/C		Awareness program for Adolescent Girls Personal Hygienic	20000
Local A/C	4302		
Cash at Bank		Distribution of Menstrual Hygienic Things for Adolescent Girls	24913
SBI-ND,A/C NO 594184			
IOB A/C NO13462			
FC A/C	1745		
IOB A/C No 15478		HIV/AIDS Infected women and Children Humanitarian help	39905
IOB A/C NO 54642			
IOB A/C NO 90871		108058	
Pallavan Bank-51437825		366432	
Pallavan Bank-51437825		1061 Bank Charges	264
Pallavan Bank-51449149		1612	
Andra Bank A/C		2026	
ICICI Bank	5141	To Restore, Protect and Promote Environment and Eco-system	
HDFC Bank	119	Formation of Forest Protection Committees	31500
Received amount from Foreign Contribution			
Grant Received from Studio Progetto Societa Cooperativa -Italy	87335	Awareness Campaigns for Posters Hand Bills	30000
Grant Received from Sweet Grass Foundation ,Georgia, United States	243000	Nursery Raising By women SHGs Cost of Seeds, Sand, Manure & Water	87000
Grant Received from Ms.Evelien De Hoop-Netherlands	145243	Tree Planting drive, Food and refreshment for Volunteers	60000



Receipts	Rs.	Payment	Rs.
Grant Received from SELAVIP Foundation, Chile - Bank Interest FC	982935	Operational Cost, Travel, Staffs, Meetings	33011
	1045		
Local		Sponsorship Program for Poor Children Educational Programme	
Grant received from Foundation for Right of young Child, Chennai	50000	Purchase of Educational Note Books and Educational Materials for Poor Children	40700
Grant Received from ICICI Bank	17440	Purchase of T-Shirts for Poor Children	27650
RMK loan received from the SHGs	177000	Purchase of School Bags for Poor Children	35000
loan from members	293150	Honorarium for Evening School Teachers.	40000
Member contribution	32000		
Donation	13750	Construction of IRULAR Family for Toilets & Latrine	
Grant received from Tamil Nadu AIDS Control Society TANSACS, Cheenai	1935313	Earthwork excavation for Foundation and Sand filling M.M.Metal and M.Sand for 65 Latrines Construction	75000
Fund Return	10350	Purchase of ¾ Jelly, M.Sand for Foundation work in 65 Latrines Construction	93250
Bank interest (local)	2867	Purchase of Block stone for Foundation work in 65 Latrines Construction	38750
Bank interest (Return)	1042	Gravel Filling	56250
		Foundation work in 65 Latrines Construction Masonry work	48750
		Purchase of Cement 200 Bags for Foundation work in 65 Latrines Construction	66000
		Bank commission charges	7273



- Health
- Social
- Environment
- Education
- Admin

Receipts	Rs.	Payment	Rs.
		Local Account	
		Family Counselling Program	
		Honorarium to Counselors	240000
		Rent for Office	40800
		Meeting Advertisement Publicity and Administration	44720
		Anganvadi Day and Anganvadi Seersvai Celebration in 5 Villages.	50000
		Repayment to RMK	177054
		Niranthara Programme	
		Honorarium to CFM Niranthara Programme	40000
		Honorarium to FRM Niranthara Programme	77000
		General Programme	
		Computer and Tailoring skill Training Programme	4800
		Consumer Awareness Programme	3750
		Women Day Program	5500
		Focus group Discussion among the migrants workers & adollesent Girls	6233
		TDS	876



Receipts	Rs.	Payment	Rs.
		HIV /PROGRAMME EXP	2235508
		FundReturn (Tansac)	40820
		Bank charges	448
		Closing Balance:	
		Cash on Hand	0
		FC Account	
		Local Account	460
		Cash at Bank:	
		SBI-ND,A/C 594184	8138
		IOB FC A/C	
		No: 05360000 13462	603886
		IOB Local A/C	
		No : 0536000015478	1509
		IOB Local A/C	
		No : 0536000054642	1764
		SBI A/C	38463
		IOB A/C NO 90871	3302
		Pallavan Bank Local - 51437825	1061
		Pallavan Bank Local-51449149	1612
		Andhra bank A/c	2026
		ICICI Bank Local	5128
		HDFC Local	119
Total	4490193	Total	4490193

As per my report of given date
B. RAJASEKARAN
 Chartered Accountant
 No: 27, 1st Floor, Veppamara St.,
 (Near : S.P. Bungalow)
 Vellapadi, VELLORE - 632 001.
 Office : 0416 - 2223783



Accreditation



United Nation Environment Programme

Accreditation by UN Environment Programme,
Governance Affairs Office, Kenya.

Our Partners



Dr. Evelien De Hoop
Netherlands.

Thanks & Gratitude

The year 2022-2023 was full of challenges in the post Covid 19 scenario. The beneficiaries, leaders, NGOs, Government including local government, down trodden community, worked for their development of the needy community. The donors, Government officials, supporters, sponsors, Auditor, Advisors, resource person, board members, staffs, volunteers and the beneficiaries together are responsible for carrying out the above mentioned activities. We continue our endless journey on people's development through marching with the marginalized.



Mr. Rama Perumal
Secretary / Director
SINAM NGO - India



Sadayanodai Ilaingar Narpani Mandram (SINAM)

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 **sinamtn@gmail.com**  **www.sinamngo.in**

 **Tiruvannamalai, Tamilnadu, IN - 606 604**